Lunch Menu Manor
8/4/2025-8/10/2025

Monday
Bratwurst with Coleslaw and Corn on the Cob
♥Healthy Turkey Sloppy Joes 155mg with Sweet Potato Chips and Mixed Berries 59mg
Brownies

Tuesday
Taco Salad
♥Baked Tilapia 390mg with Red Skin Potatoes 54mg, and Green Beans 30mg
Strawberry Pudding Parfait

Wednesday
Quiche Lorraine and Roasted Root Vegetables with Watermelon
♥ Cod Lemon Sauce 161mg with White Rice 0mg and California Blend Vegetables 30mg
Bread Pudding

Thursday
Beef and Mushroom Stuffed Potatoes with Steamed Carrots
♥Grilled Chicken Salad with Cherry-Balsamic Vinaigrette 354mg
Banana Cream Pie

Friday
Pork Tenderloin with Mushroom Thyme Sauce, Mashed Potatoes and Asparagus
♥ Healthy Chicken Noodle Soup 285mg and a Side Salad 125mg
Cookies and Cream Cake

Saturday
Beef and Broccoli over Rice with Egg Rolls
♥BBQ Chicken Sandwich with Fresh Cut Vegetables (Cucumbers, Carrots) and a Yogurt Parfait 500mg
Carrot Cake

Sunday
Slow Cooked Beef Tips with Red Wine Sauce over Cheese Orzo and Roasted Brussel Sprouts
♥Shrimp Scampi over Pasta 260mg with Tuscan Blend Vegetables 30mg
Peanut Butter Cookies

Dinner Menu Manor
8/4/2025-8/10/2025

Monday
Chipped Beef over Toast with Roasted Broccoli
♥Tuna Salad Platter 74mg with Cheese Cubes 145mg & Crackers 135mg
Peach Cobbler

Tuesday
Crispy Chicken Sandwich with Coleslaw and Chips
♥ Chopped Salad with Turkey, Hard Boiled Eggs, Cherry Tomatoes, Sharp Cheddar Cheese and Croutons 300mg
Apple Pie

Wednesday
Baked Chicken Teriyaki over Vegetable Fried Rice
♥ Turkey Stew 450mg with Dinner Rolls
Strawberry Cheesecake

Thursday
Corned Beef and Cabbage with Baby Carrots and Potatoes
♥Lemon & Garlic Cod 340mg over White Rice 0mg and California Blend Vegetables 30mg
Chocolate Chip Cookies

Friday
Hot Dogs with Loaded Tater Tots and Broccoli Salad
♥ Turkey Tetrazzini with Mixed Vegetables 336mg and Potato Rolls 120mg
Cherry Crumb Cake

Saturday
Chicken Florentine with Breadsticks and Side Salad
♥Salmon Caesar Salad 415mg and Grapes 0mg
Vanilla Cupcakes

Sunday
Spaghetti and Meatballs with Green Beans and Garlic Toast
♥Vegetable Lasagna and Roasted Asparagus 435mg
Ice Cream Sundae