

# Lunch Menu Grand

8/4/25 – 8/10/25

## Monday

Turkey Club Sandwich with Onion Rings and Side of Peaches  
♥ Butternut Squash Soup and Chopped Side Salad with Turkey 155mg  
*Ice Cream Sundae*

## Tuesday

BBQ Chicken Legs with Macaroni & Cheese, Green Beans and Dinner Roll  
♥ Turkey Tetrassini with Mixed Vegetables 336mg and Dinner Rolls  
*Chocolate Peanut Butter Cake*

## Wednesday

Steak Quesadilla with Spanish Rice and Refried Beans  
♥ Chicken Taco Salad 254mg  
*Bread Pudding*

## Thursday

Deluxe Cheese Burger with Tater Tots and Side of Apple Sauce  
♥ Chicken Spinach and Artichoke Bake 98mg  
*Banana Cream Pie*

## Friday

Swiss Steak with Mashed Potatoes and Peas  
♥ Salmon with White Rice and Asparagus 366mg  
*Rice Krispy Treat*

## Saturday

Grinder Sandwich with Chips and a Side of Fruit  
♥ Hungarian Goulash with Dinner Rolls 285mg  
*Carrot Cake*

## Sunday

Ham with Fried Potatoes and Green Beans  
♥ Grilled Chicken Sandwich with Yogurt and Fruit 450mg  
*Peanut Butter Cookies*

# Dinner Menu Grand

8/4/25 – 8/10/25

## Monday

Corned Beef and Cabbage with Potatoes and Cornbread

♥ Cottage Cheese Fettuccine Alfredo with Steamed Broccoli 489 mg

*Peach Cobbler*

## Tuesday

Creamy Chicken Tortilla Soup

♥ Caesar Salad with Shrimp 429mg

*Apple Pie*

## Wednesday

Chipped Beef with Three Bean Salad

♥ Mediterranean Baked Cod with White Rice and Carrots, Sweet Potatoes and Parsnips 338mg

*Strawberry Cheesecake*

## Thursday

Mushroom and Onion Chopped Steak with Mashed Potatoes and Green Beans

♥ Garlicky Shrimp and Spinach over Wheat Noodles 444mg

*Cherry Crumb Cake*

## Friday

Crab Cakes with a Mango Salsa and Roasted Potatoes

♥ Turkey and Sundried Tomato Pasta 242mg

*Chocolate Chip Cookies*

## Saturday

Chicken Carbonara with Breadsticks and a Side Salad

♥ Tuna Platter with Cheese Cubes and Crackers 185mg

*Vanilla Cupcakes*

## Sunday

Vegetable Lasagna with Bread Sticks and Fruit Bowl

♥ Chopped Salad with Turkey, Hard Boiled Eggs, Cherry Tomatoes, Sharp Cheddar Cheese 190mg

*Cookies and Cream Cake*