

Lunch Menu Manor

7/14/25 7/20/25

Monday

Baked Ham with Macaroni & Cheese and (Capri) Squash, Carrot Vegetable Blend

♥Salmon Strawberry Salad 303mg

Blueberry Lemon Bar

Tuesday

Beef Stroganoff with Dinner Rolls and a Side Salad

♥Turkey Pita 320mg with Roasted Cauliflower Soup 181mg and Mixed Berries 0mg

No-Bake Strawberry Cheesecake

Wednesday

Sloppy Joes with Loaded Tater Tots and Coleslaw

♥Chipotle Veggie Burrito Bowl 422mg

Ambrosia Salad

Thursday

Bacon Cheddar Meatloaf with Mashed Potatoes and Steamed Broccoli

♥Flounder with Mango 134mg over a bed of Cilantro Lime Rice 5mg and Roasted Asparagus 0mg

Reese Pie

Friday

Cuban Sandwich with Chips and Pickle Spears

♥Baked Cod with 466mg a Baked Potato with Butter and Sour Cream 24mg and Steamed Baby Carrots 0mg

Grasshopper Pie

Saturday

Deluxe Cheeseburger with French Fries and a Slice of Watermelon

♥Spinach and Feta Quiche 121mg with a Fruit and Yogurt Parfait 100mg

Ice Cream Sundae

Sunday

Roast Beef with Brown Gravy, Mashed Potatoes and Corn

♥Sweet and Sour Shrimp Stir Fry over Rice 154mg

Peanut Butter Bars

Dinner Menu Manor

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Monday

Beef Burrito with Spanish Rice and Mexican Street Corn

♥Goulash with Ground Turkey, Breadsticks 246mg and Grape Salad 15mg

Peach Parfait

Tuesday

Smothered Pork Chop with Roasted Fingerlings and Peas

♥Cobb Salad with Turkey Chunks, Cheese, Hard Boiled Eggs and Avocado 340mg

Carrot Cake

Wednesday

BBQ Beef Brisket with Caramelized Onions over Polenta with Asparagus

♥Pasta Primavera with Chicken 350mg

Fruit Pizza Cookies

Thursday

Chicken Carbonara with Breadsticks and a Cup of Fruit Salad

♥Coconut Curry Shrimp over Rice 149mg with a Spring Roll 359mg

Pineapple Crumble Bar

Friday

Crispy Oven Fried Fish with French Fries and Broccoli Salad

♥BBQ Chicken Breast with Mashed Potatoes 24mg and Corn on the Cob 0mg

Cherry Fluff

Saturday

Hawaiian Pulled Pork Sliders, Pineapple, Baked Beans and Coleslaw

♥Stuffed Eggplant 314mg with a Side Garden Salad 240mg

Blueberry Icebox Cake

Sunday

Grilled Bratwurst on a Bun with Onions and Peppers and Macaroni Salad and Cantaloupe

♥Baked Spaghetti made with Ground Turkey 230mg and Garlic Toast 200mg

Strawberry Pie