

# Lunch Menu

February 17-23

## Monday

Salisbury Steak with Mashed Potatoes and Carrots

♥Shrimp Tacos 377mg with Mango Salsa 73mg

*Chocolate Chip Cookie*

## Tuesday

Philly Cheesesteak with French Fries

♥Skinny Southwestern Chopped Chicken Salad with Tortilla Strips, Lime and Black Beans 380mg

*Peach Crisp*

## Wednesday

Meatloaf with Scalloped Potatoes and Green Beans

♥Salmon 117mg with Cole Slaw 388mg and Jasmine Rice 0mg

*Tapioca Pudding*

## Thursday

BBQ Beef with Baked Potato and Broccoli

♥Mushroom Steak Salad with Walnut Vinaigrette 189mg

*Apple Pies*

## Friday

Beef Tacos with Spanish Rice and Refried Beans

♥Garlic Shrimp Pasta 266mg and Asparagus 0mg

*Chocolate Strawberry Cake*

## Saturday

Ground Beef Stroganoff with Bread Sticks and Side Salad

♥Teriyaki Grilled Chicken Breast 320mg with Sautéed Vegetables 120mg

*Strawberry Pudding Parfaits*

## Sunday

Steak Alfredo with Broccoli and Garlic Bread

♥Grilled Chicken 330mg and a Side Salad 0mg

*Chocolate Cake*

# Dinner Menu

# February 17-23

## Monday

Grilled Cheese Sandwich with Tomato Soup

♥Pineapple Chicken 122mg over Rice 0mg and Steamed Broccoli 0mg  
*Reese's Pie*

## Tuesday

Cabbage Rolls with Three Bean Salad

♥Tuna Salad 404mg with Crackers 110mg and Grapes 0mg  
*Cherry Fluff*

## Wednesday

Beef Nachos

♥Chicken Tortilla Soup 300mg  
*Pineapple Upside Down Cake*

## Thursday

Crispy Chicken Sandwich with Onion Rings and Pickle Spear

♥Toasted Egg Salad Sandwich 380mg with Baked Chips 110mg  
*Banana Cream Pie*

## Friday

Turkey Pot Pie

♥Roasted Vegetable Lasagna 466mg and a Side Salad 0mg  
*Blueberry Cobbler*

## Saturday

Deluxe Cheeseburger with French Fries and Pickle Spears

♥Michigan Harvest Salad with Cherries, Pecans and Hard-Boiled Eggs 230mg  
*Snickerdoodle Cookie*

## Sunday

Pot Roast with Baby Bakers and Steamed Carrots

♥Chopped Salad with Red Onion, Celery, Carrots, Cherry Tomatoes and Cheddar  
Cheese 360mg  
*Raspberry Mousse Cake*