

# Lunch Menu

January 13-19

## Monday

Cheesy Ham and Potato Bake with Green Beans

♥Turkey Sloppy Joes with Sweet Potato Fries

*Chocolate Pudding*

## Tuesday

Stuffed Peppers with Cheddar Mashed Potatoes and Mixed Vegetables

♥Vegetable Barley Soup with Dinner Rolls

*Carrot Cake*

## Wednesday

Home Made Chicken Pot pie with Herbed Dinner Roll

♥Eggplant Casserole with Dinner Rolls

*Blueberry Pie*

## Thursday

Pulled Pork with Mac and Cheese and Baked Beans

♥Parmesan Encrusted Cod with Lentil Rice and Steamed Broccoli

*Rice Krispy Treats*

## Friday

Lasagna with a Side Salad and Breadsticks

♥ Shrimp Salad

*Ice Cream*

## Saturday

Wiley Potatoes with Mixed Vegetables

♥ Baked Cod with Lemon and Tarter, Boiled Potatoes and Mixed Vegetables

*Pudding Parfait*

## Sunday

Chicken Dumpling soup with Rye Bread

♥Chef Salad

*Rice Pudding*

# Dinner Menu

January 13-19

## Monday

B.L.T with Tater Tots

♥Crab Salad, Crackers with Cottage Cheese and Peaches

*Cherry Crisp*

## Tuesday

Creamy Tuscan Chicken Pasta with Breadsticks and a Side Salad

♥Baked Tilapia with Rice Pilaf and California Blend Vegetables

*Peach Pie*

## Wednesday

Chipped Beef with Cheesy Mashed Potatoes Mixed Vegies

♥Salmon with Couscous, Roasted Vegetables

*Chocolate Mousse with Raspberry Sauce*

## Thursday

Beef Bourguignon with Baked Sweet Potatoes and Mixed Vegetables

♥Lentil Soup with Rolls

*Pecan pie*

## Friday

Crispy Chicken Sandwich with French Fries

♥ Clam Chowder with Oyster crackers

*Bread Pudding*

## Saturday

Philly Cheese Steak Sandwich with Cheesy Broccoli

♥ Chicken and Rice Soup with Bread Sticks

*Oreo Cake*

## Sunday

Sweet and Sour Chicken over Rice with Egg roll and a Fortune cookies

♥ Chopped Salad with Turkey

*Sugar Cookies*