Brightside January 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Please note that activities are subject to change to fit the needs of our community/ residents.	×	来	Jan	ary		XXX
 Daily Activities at 8 Towel Folding Puzzles Sorting Color me Calm Morning Walk Small Crafts 	n 9 / 1	1, 12, 1 2 3 4 7 6 5	New year	2 9:30 Coffee & Chat 10:30 Chronicles 11:30 Exercise 1:30 Dog Therapy 3:00 Trivia Thursday	3 9:30 Manicures 10:30 Chronicles 11:30 Exercise 2:00 Happy Hour 3:00 Men's Club: Dominoes	4 11:15 Stories with Cathy
5 STAY GROOVY	6 9:30 Chronicles 10:00 Bingo 11:30 Exercise 2:00 Table Hockey 3:00 Mocktails & Manicures	7 9:30 Hand Massages 10:30 Chronicles 11:30 Exercise 2:00 Tasteful Tuesday: Smoothies 3:00 Stepping Stones	8 9:30 Chronicles 10:00 Bingo 11:30 Exercise 2:00 Elvis Presley Party 3:00 Jenga Elvis Birthday	9 9:30 Coffee & Jokes 10:30 Daily Chronicles 11:30 Exercise 2:00 Table Hockey 3:00 Ring Toss	10 9:30 Manicures 10:30 Chronicles 11:30 Exercise 2:00 Spa Time 3:00 Men's Club: Card Games	11
12 11:15 Exercise with Kirsten	13 9:30 Chronicles 10:00 Bingo 11:30 Exercise 2:00 Bean Bag Toss 3:00 Mocktails & Manicures	14 9:30 Hand Massages 10:30 Chronicles 11:30 Exercise 2:00 Tasteful Tuesday: Milkshakes 3:00 Mad Gab	15 9:30 Chronicles 10:00 Bingo 11:00 Music with Steve B 2:30 Exercise 3:00 Dominoes	16 9:30 Coffee & Stories 10:30 Chronicles 11:30 Exercise 2:00 Craft Corner 3:00 Balloon Toss 5:00 Movie Night with Cathy	17 9:30 Manicures 10:30 Chronicles 11:30 Exercise 2:00 Happy Hour 3:00 Men's Club: Race Cars	18 11:15 Donuts & Coffee with Heather
19 11:15 Coloring with Ashley	20 9:30 Chronicles 10:00 Bingo 11:30 Exercise 2:00 "Wine" & <u>Cheese Social</u> 3:00 Mocktails & Manicures Cheese Lovers Day	21 9:30 Hand Massages 10:30 Chronicles 11:30 Exercise 2:00 Tasteful Tuesday: Cupcakes 3:00 Dominoes	22 9:30 Chronicles 10:00 Bingo 11:30 Exercise 2:00 Yeti in my Spaghetti 3:00 Pantomime	23 9:30 Coffee & Fun Facts 10:30 Chronicles 11:30 Exercise 2:00 Pie Social 2:00 Pizza Toss Nat'l Pie Day	24 Annual Chili Cook-off at Lunch 9:30 Manicures 10:30 Chronicles 11:30 Exercise 2:00 Spa Time 3:00 Men's Club: Boat Racing	25 11:15 Stepping Stones with Rosalyn
26 11:15 Balloon Toss with Emily	27 9:30 Chronicles 10:00 Bingo 11:30 Exercise <u>2:00 Chocolate</u> <u>Cake Party</u> 3:00 Mocktails & Manicures	28 9:30 Hand Massages 10:30 Chronicles 11:30 Exercise 2-3:30 Fun at work Carnival Day	29 9:30 Chronicles 10:30 Bingo 11:30 Exercise 2:00 Craft Corner 3:00 Dominoes	30 9:30 Coffee & Finish that Phrase 10:30 Chronicles 11:30 Exercise 2:00 Trivia Thursday 3:00 Music with Steve B.	31 9:30 Manicures 10:30 Chronicles 11:30 Exercise 2:00 Hot Cocoa Social 3:00 Men's Club: Darts/Ax Throwing 5:00 Movie Night with Rosalyn	STILL GROOVY