

Care Center Lunch Menu

July 22nd ~ July 28th 2024

♥ Heart Smart Meal ~ Reduced Sodium Option

Monday

Italian Meatballs, Mashed Potatoes (Turkey Tetrazzini.),
Tossed Salad or Seasoned Peas, Fruit, Pudding
♥ Turkey Tetrazzini

Tuesday

Grilled Chicken Breast, (Soft Shell Taco w/Rice), Cheese Potatoes,
Steamed Broccoli Spears or Salad & Fruit, Cake
♥ Chicken Breast, Baked Potato

Wednesday

Country Fried Steak, (Chicken Alfredo), Baked Potato,
Parsley Buttered Carrots or Spinach Salad & Fruit, Pie
♥ Chicken Wrap

Thursday

Sweet & Sour Pork, (Tortilla Crusted Tilapia), White Rice or Masd. Pot.,
Stir Fry Vegetable, (Cauliflower) , Mixed Fruit, Dessert
♥ Tilapia

Friday

Salmon Patty w/Dill Sauce (BBQ Ribs), Roasted Red Skins,
Peas or Asparagus, Fruit Cobbler, Bread
♥ Salmon Patty

Saturday

Sliced Turkey, (Salisbury Steak), Herb Stuffing,
Glazed Carrots or Blend Vegetables, Fruit Salad & Roll, Cake
♥ Sliced Turkey

Sunday

Roasted Pork Loin, (Baked Chicken), Sweet Potatoes,
Buttered Corn or Salad, Roll & Pie
♥ Roasted Pork Loin or Chicken

Guest Meal Tickets: Breakfast \$7, Lunch \$7, Dinner \$7, Holiday Meal \$10

♥ Heart Smart Meal ~ Reduced Sodium Option

Monday

Chicken Salad Sandwich (Grilled Cheese)
Cream of Tomato Soup or Vegetable Soup, Chips, Pickle, Pears & Cookie
♥ Chicken Salad Sandwich

Tuesday

Sloppy Joe on Bun, (Tuna Salad Sandwich), Macaroni Salad, Coleslaw or Blend Veggies,
Fresh Fruit & Ice Cream
♥ Tuna Salad Sandwich

Wednesday

Goulash, (Turkey Sub and Wisconsin Cheese Soup), Dinner Roll,
Blend Vegetable or Side Salad & Applesauce, Brownie
♥ Turkey Sub

Thursday

Hamburger, (Chili Dog), Hash Browns, Corn (Mixed Vegetables)
Watermelon, Cake
♥ Veggie Wrap with Cottage Cheese

Friday

Hot Beef Sandwich, (BLT), Mashed Potatoes,
Cole Slaw or Blend Veggie, Jello, Melon
♥ Turkey Sandwich

Saturday

Beef Stew, (Tuna Noodle), Tossed Salad,
Chefs Blend Veggies, Corn bread & Ice Cream, Grapes
♥ Tuna Noodle

Sunday

French Dip, (Hot Ham and Cheese), Potato Soup or Bean Soup
Fresh Veggies, Pickle, Cookie, Banana
♥ Lean Roast Beef

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