

# Lunch Menu

## Winter Menu 5

### Monday

Cheesy Ham and Potato Bake with Green Beans  
♥Chicken Salad Sandwich with Cottage Cheese and Peaches  
Chocolate Pudding

### Tuesday

Stuffed Peppers with Cheddar Mashed Potatoes and Mixed Vegetables  
♥ Shrimp Salad  
Carrot Cake

### Wednesday

Home Made Chicken Pot pie with Herbed Dinner Roll  
♥Cordon Blue with Chefs Choice Soup  
Blueberry Pie

### Thursday

Pulled Pork with Mac and Cheese and Baked Beans  
♥Baked Tilapia with Rice Pilaf and California Blend Vegetables  
Rice Krispy Treats

### Friday

Crispy Chicken Sandwich with French Fries  
♥Vegetable Barley Soup with Dinner Rolls  
Ice Cream

### Saturday

Chicken Alfredo with Broccoli  
♥ Baked Cod with Lemon and Tarter, Boiled Potatoes and Mixed Vegetables  
Pudding Parfait

### Sunday

Chicken Dumpling soup with Rye Bread  
♥Chef Salad  
Rice Pudding

# Dinner Menu

## Winter Menu 5

Monday

B.L.T with Potato Tots

♥ Eggplant Casserole with Dinner Rolls

Chocolate Mousse with Raspberry Sauce

Tuesday

Creamy Tuscan Chicken Pasta with Breadsticks and a Side Salad

♥ Turkey Sloppy Joes with Sweet Potato Fries

Pumpkin Pie

Wednesday

Chipped Beef with Cheesy Mashed Potatoes Mixed Vegies

♥ Salmon with Couscous, Roasted Vegetables

Cherry Crisp

Thursday

Chili with Corn Bread

♥ Grilled Chicken Sandwich with a Side Salad

Pecan pie

Friday

Lasagna with a Side Salad and Breadsticks

♥ Margherita Pizza with Garlic Toast

Bread Pudding

Saturday

Fried Shrimp with Hushpuppies and Coleslaw

♥ Clam Chowder with Oyster crackers

Ice Cream

Sunday

Sweet and Sour Chicken over Rice with Egg roll and a Fortune cookie

♥ Chopped Salad with Turkey

Pumpkin Cookies