

# Care Center Lunch Menu

June 3<sup>rd</sup>-9<sup>th</sup>, 2024

♥ Heart Smart Meal ~ Reduced Sodium Option

## Monday

Chicken Cordon Bleu, (Baked Fish), Baked Potato,  
Steamed Cauliflower or Carrot Salad, Fruit & Roll, Dessert

♥ Baked Fish

## Tuesday

Beef Pot Roast, (Polish Sausage), Steamed Red Potatoes,  
Fiesta Corn or Broccoli, Strawberry Shortcake, Dinner Roll

♥ Lean Roast Beef

## Wednesday

Pork Roast with Mushroom Gravy (Steak & Onion Melt), Sweet Potatoes, Carrots or  
Spinach, Pie,  
Fruit & Bread

♥ Lean Pork Roast

## Thursday

Beef Stroganoff or (Grilled Chicken), Butter Noodles or Mshd. Potatoes, Beets,  
Or Brussel Sprouts, Fruit & Breadstick, Dessert

♥ Chicken Taco

## Friday

Bacon Cheeseburger, (Soft Shell Taco/Rice), Green Bean Casserole, or Cr. Corn  
Potato Salad, Fruit & Cookies

♥ Grilled Chicken

## Saturday

Garden Pork Chop, (Spaghetti with Meat Sauce), Mashed Potatoes,  
Creamed Corn or Prince Edward Blend, Apple Crisp  
(Lean Pork Chop)

## Sunday

Classic Meatloaf, (Oven Baked Chicken), Mashed Potatoes & Gravy  
California Blend or Salad, Roll & Pie

♥ Oven Baked Chicken, California Blend

Guest Meal Tickets: Breakfast \$7, Lunch \$7, Dinner \$7, Holiday Meal \$10

# Care Center Dinner Menu

June 3<sup>rd</sup>-9<sup>th</sup>, 2024

♥ Heart Smart Meal ~ Reduced Sodium Option

## Monday

Sloppy Jo, (Egg Salad & Vegetable Plate), Cole slaw or Blend Vegetable  
Chips w/ Pickle, Applesauce & Brownie

♥ Cottage Cheese/Vegetable Plate

## Tuesday

Stuffed Green Peppers, (Hot Turkey Sandwich) Mashed Potatoes, Blend Vegetable,  
Tossed Salad, Fruit & Ice Cream

♥ Low Sodium Turkey & Veggie Plate

## Wednesday

Ham Salad Sandwich, (Nacho + Cheese Plate),  
Pasta Salad or Cucumber Salad or Chips, Fruit & Cookie

♥ Chicken Salad & Fruit

## Thursday

Deluxe Fish Sandwich, (Turkey Swiss Wrap), Ranch Potatoes  
Cole Slaw or Carrots, Fruit & Sherbet

♥ Turkey Wrap

## Friday

Tuna Noodle Casserole or (Chipped Beef over Toast),  
Mixed Vegetable or Tossed Salad, Fruit & Breadstick, Cake

♥ Tuna Salad

## Saturday

Lite Chicken Salad, (Wiley Potato), Vegetable Soup or Tomato Soup,  
Fresh Fruit & Muffin, Cookie

♥ Lite Chicken Salad, Fresh Veggies, Fresh Fruit

## Sunday

Bacon & Swiss Chicken Melt, (Egg Salad Sand), Mac/Cheese  
Baked Beans or Blend Vegetable, Chips, Pickle, Fruit & Cookie

♥ Grilled Chicken Sandwich, Fruit

Guest Meal Tickets: Breakfast \$7, Lunch \$7, Dinner \$7, Holiday Meal \$10