

Lunch Menu

Week 4

Monday

Salisbury Steak with Mashed potatoes and Carrots

♥ - Southwestern Chopped Chicken Salad with Tortilla Strips, Lime and Black Beans

Dessert- Chocolate Chip Cookie

Tuesday

Meatloaf with Scalloped Potatoes and Green Beans

♥ - Shrimp Tacos with Mango Salsa and Spanish Rice

Dessert- Peach Crisp

Wednesday

Open Hot roast Beef Sandwich with Gravy Brussel Sprouts

♥ - Salmon with Sesame Slaw and Jasmine Rice

Dessert- Tapioca Pudding

Thursday

Swedish Meatballs with Egg Noodles and Peas

♥ - Salad with Turkey and Grapes

Dessert- Oreo Cake

Friday

Fish Fry with Coleslaw and Potato Wedges

♥ -Spring Minestrone Soup

Dessert- Jell-o with Whip Top

Saturday

BBQ Beef with Baked Potato and Broccoli

♥ - Teriyaki Chicken Drumstick with Vegetable Rice and Sautéed Vegetables

Dessert-Sweet Potato Pie

Sunday

Oven Fried Chicken with Macaroni and Cheese and Side Salad

♥ - Seafood Pasta with Asparagus and Wheat Roll

Dessert-Chocolate Cake

Dinner Menu

Week 4

Monday

Beef Nachos

♥ - Pineapple Chicken over Rice and Broccoli and a Spring Roll

Dessert- Reese's Pie

Tuesday

Cabbage Rolls with Three Bean Salad

♥ - Grilled Chicken Sandwich Side Salad and Side of Fruit

Dessert- Cherry Fluff

Wednesday

Hot Ham with Pineapple and Au Gratin Potatoes

♥ - Crab Salad with Crackers and a Fruit Cup

Pineapple Upside Down Cake

Thursday

Maple Glazed Pork Loin with Mashed Sweet Potatoes and a Vegetable Blend

♥ - Toasted Egg Salad Sandwich with Chips

Dessert- Strawberry Marble Cake

Friday

Deluxe Cheeseburger with Onion Rings and a Pickle Spear

♥ - Veggie Lasagna with Breadstick

Dessert- Blueberry Cobbler

Saturday

Quiche with Hash browns and Texas Toast

♥ - Michigan Harvest Salad with Sliced Roast Beef, Cherries, Pecans and Hard-Boiled Egg

Dessert- Snickerdoodle Cookie

Sunday

Grilled Cheese Sandwich with Tomato Soup

♥ - Chopped Salad with Turkey, Red Onion, Celery, Carrots, Cherry Tomatoes and Cheddar Cheese

Dessert- Raspberry Mousse Cake