

♥ Heart Smart Meal ~ Reduced Sodium Option

Monday

Chicken Cordon Bleu, (Baked Fish), Baked Potato,
Steamed Cauliflower or Carrot Salad, Fruit & Roll, Dessert

♥ Baked Fish

Tuesday

Beef Pot Roast, (Polish Sausage), Steamed Red Potatoes,
Fiesta Corn or Broccoli, Strawberry Shortcake, Dinner Roll

♥ Lean Roast Beef

Wednesday

Pork Roast with Mushroom Gravy (Steak & Onion Melt), Sweet Potatoes, Carrots or
Spinach, Pie,
Fruit & Bread

♥ Lean Pork Roast

Thursday

Beef Stroganoff or (Soft Shell Taco and Rice), Butter Noodles, Blend Vegetable
Or Brussel Sprouts, Fruit & breadstick, Dessert

♥ Chicken Taco

Friday

Bacon Cheeseburger, (Grilled Chix), Green Bean Casserole, or Cr. Corn
Potato Salad, Fruit & Cookies

♥ Grilled Chicken

Saturday

Garden Pork Chop, (Spaghetti with Meat Sauce), Mashed Potatoes,
Creamed Corn or Prince Edward Blend, Apple Crisp
(Lean Pork Chop)

Sunday

Classic Meatloaf, (Oven Baked Chicken), Mashed Potatoes & Gravy
California Blend or Salad, Roll & Pie

♥ Oven Baked Chicken, California Blend

Guest Meal Tickets: Breakfast \$7, Lunch \$7, Dinner \$7, Holiday Meal \$10

Care Center Dinner Menu

May 27th ~ June 2nd

2024

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Monday

Sloppy Jo, (Egg Salad & Vegetable Plate), Cole slaw or Blend Vegetable
Chips w/ Pickle, Applesauce & Brownie

♥ Cottage Cheese/Vegetable Plate

Tuesday

Stuffed Green Peppers, (Hot Turkey Sandwich) Mashed Potatoes, Blend Vegetable,
Tossed Salad, Fruit & Ice Cream

♥ Low Sodium Turkey & Veggie Plate

Wednesday

Ham Salad Sandwich, (Nacho + Cheese Plate),
Pasta Salad or Cucumber Salad or Chips, Fruit & Cookie

♥ Chicken Salad & Fruit

Thursday

Deluxe Fish Sandwich, (Turkey Swiss Wrap), Ranch Potatoes
Cole Slaw or Carrots, Fruit & Sherbet

♥ Turkey Wrap

Friday

Tuna Noodle Casserole or (Chipped Beef over Toast),
Mixed Vegetable or Tossed Salad, Fruit & Breadstick, Cake

♥ Tuna Salad

Saturday

Lite Chicken Salad, (Wiley Potato), Vegetable Soup or Tomato Soup,
Fresh Fruit & Muffin, Cookie

♥ Lite Chicken Salad, Fresh Veggies, Fresh Fruit

Sunday

Bacon & Swiss Chicken Melt, (Egg Salad Sand), Mac/Cheese
Baked Beans or Blend Vegetable, Chips, Pickle, Fruit & Cookie

♥ Grilled Chicken Sandwich, Fruit

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