

# Care Center Lunch Menu

April 22-27, 2024

♥ Heart Smart Meal ~ Reduced Sodium Option

## Monday

Italian Meatballs, Mashed Potatoes (Turkey Tetrazzini),  
Toss Salad or Seasoned Peas, Fruit, Pudding

♥ Turkey Teatrazzini

## Tuesday

Grilled Chicken Breast, (Soft Shell Taco), Cheese Potatoes,  
Steamed Broccoli Spears or Salad & Fruit, Cake

♥ Chicken Breast, Baked Potato

## Wednesday

Country Fried Steak, (Chicken Alfredo), Baked Potato,  
Parsley Buttered Carrots or Spinach Salad & Fruit

♥ Chicken Wrap

## Thursday

Sweet & Sour Pork, (Tortilla Crusted Tilapia), White Rice, Stir Fry Vegetable, (Cauliflower)  
, Mixed Fruit, Dessert

♥ Tilapia

## Friday

Salmon Patty w/Dill Sauce (BBQ Ribs), Roasted Red Skins,  
Peas or Asparagus, Fruit Cobbler, Bread

♥ Lemon Pepper Cod

## Saturday

Sliced Turkey, (Salisbury Steak), Herb Stuffing,  
Glazed Carrots or Blend Vegetables, Fruit Salad & Roll, Cake

♥ Sliced Turkey

## Sunday

Roasted Pork Loin, (Baked Chicken), Sweet Potatoes,  
Buttered Corn or Salad, Roll & Pie

♥ Roasted Pork Loin or Chicken

Guest Meal Tickets: Breakfast \$7, Lunch \$7, Dinner \$7, Holiday Meal \$10

# Care Center Dinner Menu

April 22-27, 2024

♥ Heart Smart Meal ~ Reduced Sodium Option

## Monday

Chicken Salad Sandwich (Grilled Cheese)  
Cream of Tomato Soup or Vegetable Soup, Chips, Pickle, Pears & Cookie  
♥ Chicken Salad Sandwich

## Tuesday

Sloppy Joe on Bun, (Tuna Salad Sandwich), Macaroni Salad, Coleslaw or Blend Veggies,  
Fresh Fruit & Ice Cream  
♥ Tuna Salad Sandwich

## Wednesday

Goulash, (Turkey Sub and Vegetable Soup), Dinner Roll,  
Blend Vegetable or Side Salad & Applesauce, Brownie  
♥ Grilled Chicken

## Thursday

French Toast and Sausage, (Omelet w/Bacon), Hash Browns,  
, Fresh Fruit Cup, Cinnamon Roll, Muffin  
♥ Veggie Wrap with Cottage Cheese

## Friday

Hot Beef Sandwich, (BLT), Mashed Potatoes,  
Cole Slaw or Blend Veggie, Jello, Melon  
♥ Turkey Sandwich

## Saturday

Beef Stew, (Tuna Noodle), Tossed Salad,  
Chefs Blend Veggies, Corn bread & Ice Cream, Grapes  
♥ Tuna Noodle

## Sunday

French Dip, (Ham and Cheese Slider), Potato Soup or Bean Soup  
Fresh Veggies, Pickle, Cookie, Banana  
♥ Lean Roast Beef

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