

Care Center Lunch Menu

March 18th ~ March 24th 2024

♥ Heart Smart Meal ~ Reduced Sodium Option

Monday

Chicken Cordon Bleu, (Seafood Basket), Mashed Potatoes & Gravy
Creamed Corn or Salad, Fruit & Muffin, Dessert
♥ Tuna Salad Croissant

Tuesday

Seared Pork Chops w/ Mushroom Sauce (Italian Meatloaf), Baked Potato,
Harvard Beets or Lima Beans, Fruit Salad w/ Roll & Butter, Dessert
♥ Lean Pork Chops & Baked Potato

Wednesday

Chicken Cutlet, (Philly Cheese Steak), Mashed Potatoes & Gravy,
Snap Peas or Blend Vegetable, Fresh Fruit & Roll, Dessert
♥ Grilled Chicken

Thursday

Smoked Kielbasa & Sauerkraut, (Beef Lasagna) Au Gratin Potatoes,
Peas & Carrot Mix or Salad w/ Baked Apples, Dessert
♥ Cottage Cheese and Fruit Plate

Friday

Pizza Bake, (Roast Beef /Gravy), Garden Pasta Salad or Veg. Blend, Mash Potatoes,
, Fruit Cocktail, Dessert
♥ Lean Roast Beef

Saturday

Mushroom Meatballs, (Chef Salad) Roasted Red Skins Potatoes,
Steamed Broccoli or Beets, Fruit & Biscuit, Dessert
♥ Chef Salad

Sunday

Honey Glazed Ham, (Spinach Quiche), Sweet Potatoes,
Glazed Baby Carrots or Salad, Roll & Pie
♥ Baked Fish

Guest Meal Tickets: Breakfast \$7, Lunch \$7, Dinner \$7, Holiday Meal \$10

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Monday

Ham and Noodle Casserole (Spanish Rice)
Broccoli Florets or Blend Vegetable, Roll, Orange Slice & Cookie
♥ Goulash

Tuesday

Coney Dog, (Monte Crisco Sandwich), Cottage Fries,
Mixed Veggies or Cole Slaw & Pudding Cup, Fruit Cup
Lean Burger

Wednesday

Egg Salad Sandwich, (Grilled Cheese Sandwich), Hash Browns,
Tomato Soup or Vegetable Soup, Grapes & Ice Cream
♥ Sloppy Jo

Thursday

Unstuffed Cabbage Roll Cass. Mshd. Potatoes, (Cranberry Chicken Salad Plate), Tossed
Salad
Or Veggie Blend, Fresh Fruit, Cornbread & Pie
♥ Chicken Salad Plate

Friday

Egg Salad Sandwich, (Tuna Salad Sandwich), Chicken Noodle Soup
Or Bean/ Bacon Soup, Fresh Fruit, Pickle & Cookie, Chips
♥ Tuna Salad

SATURDAY

BBQ Pork Sandwich or Hot Turkey Sand, Macaroni and Cheese, Roasted Veggie
Or Green Beans, Fruit, Brownie
♥ Tuna Salad

Sunday

Deluxe Chicken Sandwich, (Grilled Burger),
, Oven Fries, Cole Slaw or Mixed Vegetables, Fruit, Pickle & Cookie
♥ Chicken Breast Sandwich

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