

Care Center Lunch Menu

March 25th ~ March 31st 2024

♥ Heart Smart Meal Option ~ Reduced Sodium Option

Monday

Roasted Turkey, (Reuben Sandwich), Mashed Potatoes with Gravy,
Green Beans or Side Salad & Baked Apples, Cake

♥ Roasted Turkey

Tuesday

Swedish Meatballs/Noodles, (Taco Bake), House Salad
Or Vegetable Blend, Fruit, Pie & Breadstick

♥ Grilled Chicken Wrap

Wednesday

Swiss Steak (Chicken Cacciatore), Baked Potato w/ Sour Cream,
Steamed Carrots or Spinach, Peaches & Roll; DESSERT

♥ Grilled Chicken Club

Thursday

Breaded Pork Chop (Shrimp Alfredo), Baked Potato,
Mix Vegetable or Broccoli & Fruit, Roll, Dessert

♥ Baked Pork Chop

Friday

Beef Pot Roast, Mashed Potatoes (Salmon Patties) Side Salad
Or Vegetable Blend & Apple Crisp, Biscuit

♥ Grilled Salmon

Saturday

Meatloaf (Baked Cod), Mashed Potatoes, Prince Edward Blend,
Or Salad, Fresh Fruit, Bread/Butter, Pie

Sunday

Glazed Ham (Turkey), Scal. Potatoes, Blend Vegetable
or Harvard Beets, Fruit Salad

Dinner Roll, Cake

♥ Turkey

Guest Meal Tickets: Breakfast \$7, Lunch \$7, Dinner \$7, Holiday Meal \$10

Care Center Dinner Menu

♥ Heart Smart Meal Option ~ Reduced Sodium Option March 25th ~ March 31st 2024

Monday

Chicken Tenders, (Peanut Butter & Jelly Sandwich),
Tater-Tots, Tomato Soup or (Potato Soup) or Salad & Fruit; Dessert
♥ Grilled Chicken Sandwich

Tuesday

BBQ Beef Sandwich (Fish Sandwich),
Pasta Salad, Blend Vegetables or Carrots, Pickle, Cheese Cubes, Fruit, & Jello
♥ Fish Sandwich

Wednesday

Deluxe Burger, (Beef Hot Dog), German Potato Salad,
Cottage Cheese, Cole Slaw, Fruit, Pickle & Cookie
♥ Lean Burger

Thursday

Chicken Pot Pie, (Beef & Cheddar Melt w Chips) Tossed Salad,
Or Blend Vegetables, Fruit & Brownie
♥ Turkey Sandwich, Baked Potato, Fresh Fruit

Friday

Hot Chicken/Gravy Sandwich, (Tuna Salad Sandwich), Corn,
Or Buttered Broccoli, Chips, Fruit, Pickle & Ice Cream
♥ Tuna Salad

Saturday

Cheeseburger Casserole, (Cottage Cheese & Fruit Plate),
Brussel Sprouts, or Corn, Fresh Fruit & Pudding
♥ Cottage Cheese & Fruit Plate

Sunday

Cranberry Chicken Salad Sandwich, (Grilled Cheese Sandwich)
Tomato Soup or Vegetable Soup, Chips, Pickle & Fruit; Dessert
♥ Chicken Salad Sandwich

Guest Meal Tickets: Breakfast \$7, Lunch \$7, Dinner \$7, Holiday Meal \$10