

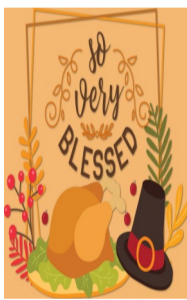


# Grand & Atrium

# November 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			National Stress Awareness Day 9:45 Exercise Wii bowling Relaxing Yoga- 1:30 2:30 DIME BINGO	2. 9:45 Exercise 11:00 Sam Lee entertainment in the dining room at lunch Ice Cream social Make your own suede Happy Birthday Carol Lint	3. 10:00 Meijer 1:30 Exercise 2:30 Happy Hour 3:00 Chaplet of Divine Mercy (AR)	4. 2:30 Left, right center (L)
5. 10:15 Connie on the piano	6. 9:45 Exercise 10:15 Games in the lobby 12:30-2 Manicure Monday 3:00 Venna playing the Harp (L) Refreshments will be served	7. Election Day Hair dresser open Make your appointment 9:45 Exercise 10:15 Communion 10:15 Walk 1:00 Puzzles time 2:30 Christmas Caroling meeting/practice	8. Mobile Library 9:15 Library (L) 9:45 Exercise 10:30 Wii bowling league 3:00 Come join in the fun (AR) Girls night out Performing (L)	9. Emily's late night 1:30 Exercise 3:00 Turkey craft 5:00 Residential meeting with family and friends Coffee and dessert will be provided (L)	10. 7-9 Veterans Breakfast 9:45 Exercise 2-3 Happy Hour 3:00 Chaplet of Divine Mercy (AR) Happy Birthday Jo Hooper	11. Veterans Day Thank you to all that have served your country 2:30 Left, right center (L)
12. 10:15 Connie on the piano  Read a book Take a walk outside Call a friend Rest and relax	13. 9:45 Exercise 10:15 Games in the lobby 12:30-2 Manicure Monday 3:00 Room visits	14. Hair dresser open 9:45 Exercise 10:15 Communion 10:30 Walk outside/inside 1:00 Puzzle time 2:30 Movie Planes, trains & automobiles	15. Opening day of deer season 9:45 Exercise 10:15 Come have a chance to get the big buck! (L) 1:30 Wii Bowling 2:30 DIME BINGO	16. Emily's late night 1:30 Exercise 2:30 Left, right center 4:00 Thanksgiving pie Social with Steve B in the dining room 	17. 9:15 Crouch Center Quarter BINGO Make sure to sign up for the fun! 2:30 Happy Hour 3:00 Chaplet of Divine Mercy (AR)	18. Emily's weekend day 9:45 Exercise 2:30 Left, right center Gnome on the room The gnomes are out hiding take a walk to see how many you can find!
19. 10:15 Connie on the piano	20. 9:45 Exercise 10:15 Turkey BINGO (prizes) (L) 12:30-2 Manicure Monday/hair removal - 3:00 Room visits	21. Hair dresser open 9:45 Exercise 10:15 Communion 10:15 Walk outside/inside lets get our steps! 1:00 Puzzle time 2:30 Christmas Caroling Practice (L)	22. 8-10 Lumen Christy students visiting 11:00 Bob Evans for lunch They have a great turkey dinner special! 1:30 Wii bowling 2:30 PENNY BINGO	23. 	24. 9:45 Exercise 1:30 Charlie Chaplin The Gold Rush (AR) 2:00 Happy Hour 3:00 Chaplet of Divine Mercy (AR)	25. 2:30 Left, right center (L)
26. Rest, Relax and Enjoy! 10:15 Connie on the Piano Call a friend, have coffee with a friend.	13. 9:45 Exercise 10:15 Games in the lobby 12-2 Manicure Monday 3:00 Men's Hour	28. Hair dresser open 9:45 Exercise 10:15 Communion 10:15 Walk inside 11:00 Coffee social and puzzle Competition (AR) 2:30 Hallmark Christmas movies (AR)	29. 9:45 Exercise 10:30 Wii bowling 1:30 Relaxing Yoga 2:30 DIME BINGO	30. 10:00 Walmart 11:00 Puzzle time 1:30 Exercise 2:00 Room visits and walk 3:00 Horse racing game- (L) Bring your quarters		Please note that activities are subject to change to fit the needs of our community/residents. Please watch the whiteboard