

Lunch Menu

Menu 3

Monday

Beef Wellington with Rosemary Roasted Fingerling Potatoes and Asparagus
♥ Grilled Salmon with a Garlic Sauce over Rice Pilaf with Broccoli
Dessert- Peach cobbler

Tuesday

Smothered Pork Chop with a Mushroom Thyme Sauce, Mashed Potatoes and California Blend
♥ Pulled BBQ Chicken Sandwich with Broccoli Salad and Sweet Potato Fries
Dessert- Orange Cream Cake

Wednesday

Broccoli Beef Stir Fry with Egg Roll
Oven Roasted Turkey on a Croissant with Butternut Squash Soup
Dessert- Strawberry Mousse

Thursday

Chicken Fried Steak with Mashed Potatoes and Confetti Corn
Asian Chicken Salad with Mixed Greens, Bell Peppers, Onions, Peanuts, Crispy Noodles and A
Thai Peanut Vinaigrette
Dessert- Brownie Sunday

Friday

Wiley Potatoes with a Vegetable Blend
♥ Tuna Noodle Casserole with Steamed Vegetables and a Dinner Roll
Dessert- Pecan Pie

Saturday

Hot Ham and Cheddar Sandwich with chips and a Pickle Spear
♥ Baked Cod with Lemon and Tarter, Steamed Red skins and Green Beans
Dessert- Carrot Cake

Sunday

Slow Cooked Beef Tips with Red Wine Sauce Over Risotto with A Vegetable Blend
♥ Shrimp Saute with Sun-dried Tomato Pesto over Pasta

Dinner Menu

Menu 3

Monday

Chipped Beef over Toast with Green Beans

♥ Turkey Stew with a Side Salad and a Dinner Roll

Dessert- Blueberry Pie

Tuesday

Baked Ravioli with a Vegetable Blend and Garlic a Breadstick

♥ Fish Tacos with a Cilantro Lime Slaw, Rice and Beans

Dessert-Sugar Cookie

Wednesday

Corned Beef and Cabbage with Baby Carrots and Roasted Potatoes

♥ Cheesy Tortellini Soup with a Side Garden Salad and a Roll

Dessert-Key Lime Pie

Thursday

BBQ Meatballs with Cheddar Mashed Potatoes and Broccoli

♥ Turkey Tetrazini with Mixed Vegetables and Fresh Baked Bread

Dessert- Cherry Cheesecake

Friday

Chili Cheese Dogs with Loaded Tater Tots

♥ Cod Sandwich with Coleslaw and Sweet Potato Wedges

Dessert- Ice Cream Sunday

Saturday

Swedish Meatballs over Egg Noodles and Green Beans

♥ Chopped Salad with Turkey, Hard Boiled Eggs, Green Onion, Cherry Tomatoes,
Sharp Cheddar Cheese and Croutons

Dessert- Red Velvet Cake

Sunday

BLT Sandwich with French Fries and a Pickle Spear

♥ Salmon Cesar Wrap with Cottage Cheese and Grapes

Dessert-Pistachio Salad